



All activity times and locations are subject to change.

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

9:30 Bean There & Chronicle  
10:00 Rosary  
11:00 Soothing Hand Wash  
1:00 Mass & Hymns  
1:30 Bingo  
2:30 Baseball Pitch  
3:00 Concert: Ella Fitzgerald  
4:00 Soothing Hand Wash  
6:00 Movie Night

**1**

9:30 Java Jammers & Chronicle  
10:00 Chair Yoga  
11:00 Soothing Hand Wash  
1:00 Let's Travel: Switzerland  
2:00 Nail & Spa Day  
3:00 Wind Down  
4:00 Soothing Hand Wash  
6:00 Classic TV

**2**

9:30 Sunrise Sippers & Chronicle  
10:00 Chair Cha Cha  
11:00 Soothing Hand Wash  
1:00 Noodle Ball  
2:00 Uplifting Stories  
3:00 Breathe & Relax  
4:00 Soothing Hand Wash  
6:00 Light Sensory

**3**

9:30 Coffee Companions & Chronicle  
10:00 Chair Cardio  
11:00 Soothing Hand Wash  
1:00 Trivia: Disney  
2:00 Junk Food This or That  
3:00 Guided Meditation  
4:00 Soothing Hand Wash  
6:00 Sing a Long

**4**

9:30 Cup of Cheer & Chronicle  
10:00 Heart Healthy Exercise  
11:00 Soothing Hand Wash  
1:00 Spa Moments  
2:00 Q-Tip painting  
3:00 Positive Affirmations  
4:00 Soothing Hand Wash  
6:00 Music Concert

**5**

9:30 Sip Happens & Chronicle  
10:00 Dancercise  
11:00 Soothing Hand Wash  
1:00 Decorate Planters  
2:00 Bingo  
3:00 Reach & Relax  
4:00 Soothing Hand Wash  
6:00 Classic TV

**6**

9:30 Friendly Mugs & Chronicle  
10:00 Winter Warm Ups  
11:00 Soothing Hand Wash  
1:00 Tissue Paper Flowers  
2:00 Board Games  
3:00 Peaceful Meditation  
4:00 Soothing Hand Wash  
6:00 Movie Night

**7**

9:30 Bean There & Chronicle  
10:00 Rosary  
11:00 Soothing Hand Wash  
1:00 Mass & Hymns  
1:30 Bingo  
2:30 Color Me Shamrock  
3:00 Concert: Billie Holiday  
4:00 Soothing Hand Wash  
6:00 Movie Night

**8**

9:30 Java Jammers & Chronicle  
10:00 Chair Yoga  
11:00 Soothing Hand Wash  
1:00 Let's Travel: Sweden  
2:00 Nail & Spa Day  
3:00 Wind Down  
4:00 Soothing Hand Wash  
6:00 Classic TV

**9**

9:30 Sunrise Sippers & Chronicle  
10:00 Chair Cha Cha  
11:00 Soothing Hand Wash  
1:00 Volleyball  
2:00 Find the State  
3:00 Breathe & Relax  
4:00 Soothing Hand Wash  
6:00 Light Therapy

**10**

9:30 Coffee Companions & Chronicle  
10:00 Chair Cardio  
11:00 Soothing Hand Wash  
1:00 Who was Johnny Appleseed  
2:00 Uplifting Stories  
3:00 Guided Meditation  
4:00 Soothing Handwashing  
6:00 Sing a Long

**11**

9:30 Cup of Cheer & Chronicle  
10:00 Heart Healthy Exercise  
11:00 Soothing Hand Wash  
1:00 Spa Moments  
2:00 Girl Scout Cookies  
3:00 Positive affirmations  
4:00 Soothing Hand Wash  
6:00 Music Concert

**12**

9:30 Sip Happens & Chronicle  
10:00 Dancercise  
11:00 Soothing Hand Wash  
1:00 Shamrock Frames  
2:00 Bingo  
3:00 Reach & Relax  
4:00 Soothing Hand Wash  
6:00 Classic TV

**13**

9:30 Friendly Mugs & Chronicle  
10:00 Winter Warm Ups  
11:00 Soothing Hand Wash  
1:00 Leprechaun Doors  
2:00 Board Games  
3:00 Peaceful Meditation  
4:00 Soothing Hand Wash  
6:00 Movie Night

**14**

9:30 Bean There & Chronicle  
10:00 Rosary  
11:00 Soothing Hand Wash  
1:00 Mass & Hymns  
1:30 Bingo  
2:30 Story of Leprechauns  
3:00 Concert: Sarah Vaughan  
4:00 Soothing Hand Wash  
6:00 Movie Night

**15**

9:30 Java Jammers & Chronicle  
10:00 Chair Yoga  
11:00 Soothing Hand Wash  
1:00 Let's Travel: Ireland  
2:00 Nail & Spa Day  
3:00 Wind Down  
4:00 Soothing Hand Wash  
6:00 Classic TV

**16**

9:30 Sunrise Sippers & Chronicle  
10:00 Chair Cha Cha  
11:00 Soothing Hand Wash  
1:00 Musical Leprechaun  
2:00 St. Patty's Social  
6:00 Irish Music

**17**

9:30 Coffee Companions & Chronicle  
10:00 Chair Cardio  
11:00 Soothing Hand Wash  
1:00 Trivia: Animals  
2:00 How Many Can You Name  
3:00 Guided Meditation  
4:00 Soothing Hand Wash  
6:00 Sing a Long

**18**

9:30 Cup of Cheer & Chronicle  
10:00 Heart Healthy Exercise  
11:00 Soothing Hand Wash  
1:00 Spa Moments  
2:00 Funny Stories  
3:00 Positive Affirmations  
4:00 Soothing Hand Wash  
6:00 Music Concert

**19**

9:30 Sip Happens & Chronicle  
10:00 Dancercise  
11:00 Soothing Hand Wash  
1:00 Watercolor Circles  
2:00 Bingo  
3:00 Reach & Relax  
4:00 Soothing Hand Wash  
6:00 Classic TV

**20**

9:30 Friendly Mugs & Chronicle  
10:00 Winter Warm Ups  
11:00 Soothing Hand Wash  
1:00 Yarn & Bead Butterflies  
2:00 Board Games  
3:00 Peaceful Meditation  
4:00 Soothing Hand Wash  
6:00 Movie Night

**21**

9:30 Bean There & Chronicle  
10:00 Rosary  
11:00 Soothing Hand Wash  
1:00 Mass & Hymns  
1:30 Bingo  
2:30 Funny Stories  
3:00 Concert: Josephine Baker  
4:00 Soothing Hand Wash  
6:00 Movie Night

**22**

9:30 Java Jammers & Chronicle  
10:00 Chair Yoga  
11:00 Soothing Hand Wash  
1:00 Let's Travel: France  
2:00 Nail & Spa Day  
3:00 Wind Down  
4:00 Soothing Hand Wash  
6:00 Classic TV

**23**

9:30 Sunrise Sippers & Chronicle  
10:00 Chair Cha Cha  
11:00 Soothing Hand Wash  
1:00 Memory Game  
2:00 Rock Painting for Spring  
3:00 Breathe & Relax  
4:00 Soothing Hand Wash  
6:00 Light Therapy

**24**

9:30 Coffee Companions & Chronicle  
10:00 Chair Cardio  
11:00 Soothing Hand Washing  
1:00 Trivia 50's Music  
2:00 Butterfly Decoration  
3:00 Guided Meditation  
4:00 Soothing Hand Wash  
6:00 Sing a Long

**25**

9:30 Cup of Cheer & Chronicle  
10:00 Heart Healthy Exercise  
11:00 Soothing Hand Wash  
1:00 Spa Moments  
2:00 Ping Pong Toss  
3:00 Positive Affirmations  
4:00 Soothing Hand Wash  
6:00 Music Concert

**26**

9:30 Sip Happens & Chronicle  
10:00 Dancercise  
11:00 Soothing Hand Wash  
1:00 Flower Collages  
2:00 Bingo  
3:00 Reach & Relax  
4:00 Soothing Hand Wash  
6:00 Classic TV

**27**

9:30 Friendly Mugs & Chronicle  
10:00 Winter Warm Ups  
11:00 Soothing Hand Wash  
1:00 Butterfly Painting  
2:00 Board Games  
3:00 Peaceful Meditation  
4:00 Soothing Hand Wash  
6:00 Movie Night

**28**

9:30 Bean There & Chronicle  
10:00 Rosary  
11:00 Soothing Hand Wash  
1:00 Mass & Hymns  
1:30 Bingo  
2:30 Palm Sunday Leaves  
3:00 Concert: Bessie Smith  
4:00 Soothing Hand Wash  
6:00 Movie Night

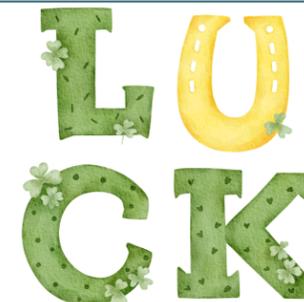
**29**

9:30 Java Jammers & Chronicle  
10:00 Chair Yoga  
11:00 Soothing Hand Wash  
1:00 Let's Travel: Spain  
2:00 Nail & Spa Day  
3:00 Wind Down  
4:00 Soothing Hand Wash  
6:00 Classic TV

**30**

9:30 Sunrise Sippers & Chronicle  
10:00 Chair Cha Cha  
11:00 Soothing Hand Wash  
1:00 Paper Flowers  
2:00 Planting Seeds  
3:00 Breathe & Relax  
4:00 Soothing Hand Wash  
6:00 Light Therapy

**31**





All activity times and locations are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Brew Crew 10:30 March Madness Puzzle 11:00 Virtual Mass 2:00 Weekend Bingo 3:00 Joyce Chen 3:45 Joyful Gratitude 6:30 Concert: Neil Diamond	10:00 Coffee Corner 10:30 Move to the Beat 11:00 Find the State Capitol 2:00 CC Remembering Dr. Suess 3:00 Cat in the Hat Hat's 3:30 Nail Care 4:00 Guided Meditation 6:30 Classic TV	10:00 Beans & Banter 10:30 Graceful Grooves 11:00 Sitcom Songs 2:00 Rainbow Chains Craft 3:30 Picture Reminiscing 4:00 Stretch & Breathe 6:30 Night Owl Club	10:00 The Daily Grind 10:30 Dance Yoga 11:00 Dear Abbey 2:00 Let's Travel: Portugal 3:00 CC Let's Laugh Day 4:00 Peaceful Meditation 6:30 Classic Movie	10:00 Rise & Shine News 10:30 Shake, Rattle & Roll 11:00 Alphabet City 2:00 Board Games 3:00 Minit to Win It! 4:00 Body Scan Awareness 6:30 Cards & Chit Chat	10:00 Friendly Mugs 10:30 Herman Visits 11:00 Fresco Paintings 2:00 Intergenerational: Phones Then & Now 3:00 Rendevers 4:00 Positive	10:00 Perk Up Club 10:30 Dear Abbey 11:00 Saturday Sing a Long 11:15 Noodle Ball 2:00 Tech Connect 3:00 Nail & Spa Day 6:30 Resident Choice Movie
10:00 Brew Crew 10:30 Sunday Puzzles 11:00 Virtual Mass 2:00 CC Music Bingo 3:00 Oveta Culp 3:45 Joyful Gratitude 6:30 Concert: Beatles	10:00 Coffee Corner 10:30 Move to the Beat 11:00 Junk Draw Detective 2:00 Harriet Tubman 3:00 Water Color Trees 3:30 Nail Care 4:00 Guided Meditation 6:30 Classic TV	10:00 Beans & Banter 10:30 Graceful Grooves 11:00 You Be the Judge 2:00 Leprechaun Doors 3:30 Superhero Trivia 4:00 Stretch & Breathe 6:30 Night Owl Club	10:00 The Daily Grind 10:30 Dance Yoga 11:00 Who Was Johnny Appleseed? 2:00 Resident Council 3:00 Rendevers 4:00 Peaceful Meditation 6:30 Classic Movie	10:00 Rise & Shine News 10:30 Shake, Rattle & Roll 11:00 Odd Sports 2:00 Board Games 3:00 CC Legacy Garden 4:00 Body Scan Awareness 6:30 Cards & Chit Chat	10:00 Friendly Mugs 10:30 Stress Away Stretches 11:00 Good Samaritan Stories 2:00 Intergenerational: Cartoons Then & Now 3:00 Rendevers 4:00 Positive A	10:00 Perk Up Club 10:30 You Be the Judge 11:00 Saturday Sing a Long 11:15 Hot Potato 2:00 Shamrock Suncatchers 3:00 Nail & Spa Day 6:30 Resident Choice Movie
10:00 Brew Crew 10:30 Sunday Puzzles 11:00 Virtual Mass 2:00 Weekend Bingo 3:00 Dorothea Dix 3:45 Joyful Gratitude 6:30 Concert: BeeGees	10:00 Coffee Corner 10:30 Move to the Beat 11:00 Memorable First Ladies 2:00 Leprechaun Catcher 3:00 Story of Leprechauns 3:30 Nail Care 4:00 Guided Meditation 6:30 Classic TV	10:00 Beans & Banter 10:30 Graceful Grooves 11:00 Pass the Irish Potato 2:00 St. Patrick's Day Social & Birthday Party Music by Lou Parisi 6:30 Night Owl Club	10:00 The Daily Grind 10:30 Dance Yoga 11:00 Food Trivia 2:00 Let's Travel: Croatia 3:00 Rendevers 4:00 Peaceful Meditation 6:30 Classic Movie	10:00 Rise & Shine News 10:30 Shake, Rattle & Roll 11:00 Laugh Club 2:00 Board Games 3:00 CC National Nutrition Month: Superfood Showdown 4:00 Body Scan Awareness 6:30 Cards & Chit Chat	10:00 Friendly Mugs 10:30 Stress Away Stretches 11:00 National Proposal Day 2:00 Intergenerational: School Rules 3:00 Rendevers 4:00 Positive A	10:00 Perk Up Club 10:30 Uplifting Stories 11:00 Saturday Sing a Long 11:15 Ball Volley 2:00 Big Bang Day 3:00 Nail & Spa Day 6:30 Resident Choice Movie
10:00 Brew Crew 10:30 Sunday Puzzles 11:00 Virtual Mass 2:00 Weekend Bingo 3:00 Mine' Okubo 3:45 Joyful Gratitude 6:30 Concert: Frankie Valli	10:00 Coffee Corner 10:30 Move to the Beat 11:00 Misspelling Spelling Bee 2:00 Watercolor Greeting Cards 3:00 Harry Houdini Documentary 3:30 Nail Care 4:00 Guided Meditation 6:30 Classic TV	10:00 Beans & Banter 10:30 Graceful Grooves 11:00 Spring Blossom Rocks 2:00 Craft Paper Flowers 3:30 Hollywood Couple Match Game 4:00 Stretch & Breathe 6:30 Night Owl Club	10:00 The Daily Grind 10:30 Dance Yoga 11:00 Name that Motown Hit 2:00 Let's Travel: France 3:00 Rendevers 4:00 Peaceful Meditation 6:30 Classic Movie	10:00 Rise & Shine News 10:30 Shake, Rattle & Roll 11:00 Word Chain 2:00 Mark Miklas Social 3:30 Minit to Win It! 4:00 Body Scan Awareness 6:30 Cards & Chit Chat	10:00 Friendly Mugs 10:30 Stress Away Stretches 11:00 MLB Opening Day! Batter UP! 2:00 Intergenerational: Fashion Trends 3:00 Rendevers 4:00 Positive A	10:00 Perk Up Club 10:30 How Do You Know? 11:00 This or That 11:15 Keep it Up! 2:00 World Piano Day 3:00 Nail & Spa Day 6:30 Resident Choice Movie
10:00 Brew Crew 10:30 Sunday Puzzles 11:00 Virtual Mass 2:00 Weekend Bingo 3:00 Shirley Horn 3:45 Joyful Gratitude 6:30 Concert: Dolly Parton	10:00 Coffee Corner 10:30 Move to the Beat 11:00 Meaning of Things We Say 2:00 Painting to Music 3:00 Vincent Van Gogh Documentary 4:00 Guided Meditation 6:30 Classic TV	10:00 Beans & Banter 10:30 Graceful Grooves 11:00 Name that Tune 2:00 Pressed Flower Clay Dish 3:30 First Job Reminiscing 4:00 Stretch & Breathe 6:30 Night Owl Club				