



# May- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
<b>Sunday</b> 05/01/2022	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Slow Cooked Pot Roast w/ Buttered Noodles, Sauteed Green Beans Or Baked Ham w/ Pineapple Glaze, Cheesy Scalloped Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Provolone Club Sandwich, Lettuce & Tomato Or Liverwurst on Rye, Lettuce & Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Monday</b> 05/02/2022	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Herb Butter Baked Chicken Quarters, Freshly Baked Sweet Potatoes, Brussel Sprouts w/ Bacon Or Pork Chop Marsala, Corn Bread Stuffing, Fresh Garden Squash Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day 3 Cheese & Spinach Quiche in a Pie Shell, Buttered Broccoli Florets Or Sloppy Joe on a Roll, Caprese Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Tuesday</b> 05/03/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beef Stroganoff w/ Mushrooms & Sour Cream, Parslied Noodles, Garlic Spinach Or Homemade Chicken Pot Pie, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Sandwich, Marinated 3 Bean Salad Or Pepper Ham Sandwich on Marble Rye, Pickled Beet Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
<b>Wednesday</b> 05/04/2022	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Italian Meatballs over Spaghetti w/ Marinara Sauce, Tossed Garden Salad Or Veal & Peppers over White Rice, Stewed Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Crispy Chicken Filet Sandwich on a Roll w/ Greek Salad Or Sauteed Kielbasa, Cabbage, Seasoned Potatoes Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Thursday</b> 05/05/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Cinco De Mayo Meal	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese Sandwich, Grandmas Carrot Raisin Salad Or Cheese Dog w/ Kraut, Wax Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
<b>Friday</b> 05/06/2022	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Sweet & Sour Pork, Lemon Risotto, Wax Beans Or Blackened Turkey Breast, Traditional Bread Stuffing, Buttered Carrots Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Herb Crusted Mac & Cheese, Stewed Tomatoes Or Philly Cheese Steak on a Roll w/ Peppers & Onions, French Fries Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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<b>Saturday</b> 05/07/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Cabbage Rolls, Noodles Marinara, Key Wes Blend Vegetables Or Veal Cordon Blue w/ a Bechamel Sauce over Rice Pilaf, Sauteed Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Swiss Burger on a Brioche Bun, Cole Slaw Or Classic Egg Salad Sandwich, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
<b>Sunday</b> 05/08/2022	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Shepperd's Pie in Mini Pie Shells, Mixed Vegetables Or Roast Lamb w/ Mint Jelly, Sweet Potatoes Bites, Steamed Broccoli Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Sausage Pizza, Tossed Garden Salad Or Cheese Blintz w/ Fruit Topping, Fresh Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Monday</b> 05/09/2022	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Beef Burgundy White Rice, Stewed Vegetables Or Potato Crusted Cod, Cream Corn, Sauteed Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Provolone Sandwich, Marinated Vegetables Or Liverwurst on Rye, Lettuce & Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Tuesday</b> 05/10/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Breaded Chicken Parmesan over Parslied Spaghetti, Tossed Salad Or Sweet & Sour Meatballs, Roasted Potatoes Wedges, Glazed Carrots Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Melt on an English Muffin, Pickled Beets Or Philly Cheesesteak, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Wednesday</b> 05/11/2022	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	BBQ Meatloaf, Ranch Mashed Potatoes, Winter Blend Vegetables Or Breaded Chicken Dippers, Parmesan Mac & Cheese, California Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich w/ Relish, Carrot Raisin Salad Or Grilled Corned Beef & Swiss Sandwich, Asian Fusion Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Thursday</b> 05/12/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Rosemary Crusted Turkey w/ Gravy, Stuffing w/ Raisins, Broccoli Florets Or Swedish Meatballs over White rice, Mediterranean Blend Vegetables Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Deluxe Onion Burger, Lettuce & Tomatoes, Pickles Or Chicken Salad Platter, Marinated Artichoke Salad, Potato Salad, Crackers Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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<b>Friday</b> 05/13/2022	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Sauerbraten, Buttered Noodles, Red Cabbage Or Ham Steak, Au gratin Potatoes, Roasted Cauliflower Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chili Con Carne over White Rice, Sauteed Green Beans Or Chicken Caesar Wrap, Cucumber Basil Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Saturday</b> 05/14/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	3 Cheese Manicotti w/ Chunky Bolognese, Tossed Salad Or Chicken Alfredo over Spaghetti, Sugar Snap Peas Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Roy Roger's Roast Beef Sandwich w/ Cheese, Rainbow Slaw Or Turkey Salad Sandwich, Greek Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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<b>Week 3</b>	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
<b>Sunday</b> 05/15/2022	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Roast Turkey Cobbler Bowl, Stuffing w/ Oranges, Winter Blend Vegetables Or Pot Roast w/ Fresh Sweet Potatoes, Wax Beans Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Crab Cake on a Roll, Creamy Cole Slaw Or Turkey Salad on Marble Rye, Cucumber Tomato Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Monday</b> 05/16/2022	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Fried Chicken, Herb Butter Noodles, California Blend Vegetables Or Baked Ham w/ Maple Glaze, Buttery Mashed Potatoes, Sauteed Zucchini Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Classic California Cheeseburger, Lettuce, Tomato, Onion Or Cheese Dog w/ Sauerkraut & Baked Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Tuesday</b> 05/17/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Marsala, Baked Potatoes w/ Sour Cream, Steamed Broccoli Or Salisbury Steak Parmesan over Buttered Noodles, Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Monte Cristo Sandwich, Marinated Artichoke Salad Or BBQ Pulled Pork Sandwich, Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Wednesday</b> 05/18/2022	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	3 Cheese Stuffed Shells w/ Meat Sauce, Tossed Salad Or Chicken Drumsticks, Seasoned Potatoes, Roasted Cauliflower Dessert: Assorted Fruited Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad, Carrot Raisin Salad Or Salami & Swiss Sandwich w/ Fresh Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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<b>Thursday</b> 05/19/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beer Battered Cod, Mashed Sweet Potatoes, Brussel Sprouts Or Stuffed Peppers, Rice Pilaf, Key West Blend Vegetables Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Swiss Sandwich, Lettuce & Tomato Or Cottage Cheese & Fruit, Fresh Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Friday</b> 05/20/2022	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Pork Chops Smothered in Onion, Scalloped Potatoes, Sunshine Carrots Or Liver & Onions, Creamed Corn, Sauteed Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Chicken Sandwich, Caprese Salad Or Classic Cheeseburger Sliders, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Saturday</b> 05/21/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak over white Rice, Oriental Blend Vegetables Or White Mac & Cheese w/ Peas, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Cheese Sandwich, Caesar Salad Or Tuna Salad on a Kaiser Roll, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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<b>Week 4</b>	<b>AM Snack</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>	<b>Dinner</b>	<b>HS Snack</b>
<b>Sunday</b> 05/22/2022	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Montreal Pork Bites w/ Brown Gravy, Sweet Potatoes, Wax Beans Or Roasted Lamb w/ Mint Jelly, Risotto, Winter Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Parmesan Submarine, Broccoli & Cavatelli Or Bologna Sandwich on Rye, Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Monday</b> 05/23/2022	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Corned Beef, Cabbage, Boiled Potatoes Or Breaded Cod Filet, Succotash, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey Salad Sandwich, Fresh Spinach Salad Or Taylor Ham, Egg & Cheese on a Roll, Marinated Vegetable Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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<b>Tuesday</b> 05/24/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti & Sausage Sauce, Tossed Salad Or Meatloaf w/ Mushroom Gravy, Scalloped Potatoes, Prince Edward Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Chicken Ranch Filet Sandwich, Lettuce & Tomato Or Western Omelet, Tatar Tots, Garlic Spinach Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Wednesday</b> 05/25/2022	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Hungarian Goulash over Wide Egg Noodles, Stewed Vegetables Or Stuffed Cabbage Rolls, Lumpy Mashed Potatoes, Dill Carrots Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Sausage Pizza w/ Tossed Garden Salad Or Sloppy Joe on a Roll, French Fries, Marinated Vegetables Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
<b>Thursday</b> 05/26/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Ala King over Yellow Rice, Sauteed Green Beans Or Sauteed Kielbasa, Cabbage, Boiled Potatoes Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Italian Hoagie, Marinated Artichoke Salad Or Classic Tuna Salad Sandwich, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Friday</b> 05/27/2022	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	3 Cheese Lasagna w/ Meat Sauce, Roasted Cauliflower Or Open-Faced Turkey Breast, Traditional Stuffing, Brussel Sprouts w/ Bacon Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Roast Beef Sandwich w/ American Cheese, Lettuce & Tomato Or Chili Con Carne over White Rice, Sautéed Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Saturday</b> 05/28/2022	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Salisbury Steak w/ Onion Gravy, Buttery Mashed Potatoes, Glazed Carrots Or Liver & Onions w/ Bacon, Cream Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Chicken Salad Sandwich on a Kaiser Roll, Marinated Tomatoes Or Egg Salad Sandwich w/ Relish, Creamy Broccoli Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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<b>Week 5</b>	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
<b>Sunday</b> 05/29/2022	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Slow Cooked Pot Roast w/ Buttered Noodles, Sauteed Green Beans Or Baked Ham w/ Pineapple Glaze, Cheesy Scalloped Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Provolone Club Sandwich, Lettuce & Tomato Or Liverwurst on Rye, Lettuce & Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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<b>Monday</b> <b>05/30/2022</b>	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Memorial Day BBQ	Coffee/ Tea Assorted Snacks	Soup of the Day 3 Cheese & Spinach Quiche in a Pie Shell, Buttered Broccoli Florets Or Sloppy Joe on a Roll, Caprese Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
<b>Tuesday</b> <b>05/31/2022</b>	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beef Stroganoff w/ Mushrooms & Sour Cream, Parslied Noodles, Garlic Spinach Or Homemade Chicken Pot Pie, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Sandwich, Marinated 3 Bean Salad Or Pepper Ham Sandwich on Marble Rye, Pickled Beet Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks

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